**What to expect at your Cardew Physiotherapy & Performance appointment**

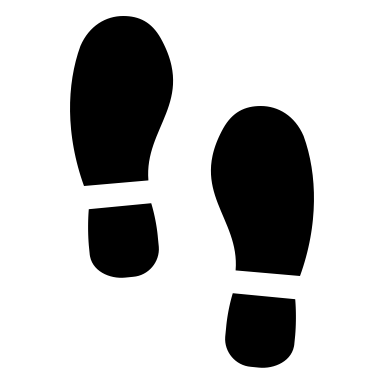
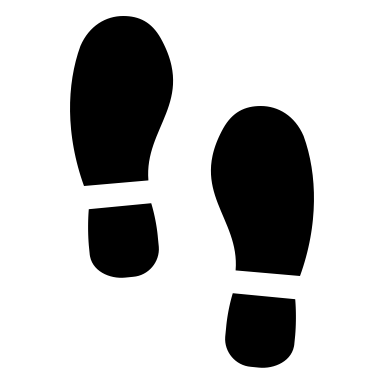
1. **Stop** – knock and wait outside, at a distance of 2m from the door.
2. **A picture containing indoor, table, sitting, wooden

   Description automatically generatedMask** – bring your own face covering and have it ready to wear.
3. **Temperature** – you must not have a ‘fever’, and you will need to have completed your screening questionnaire.

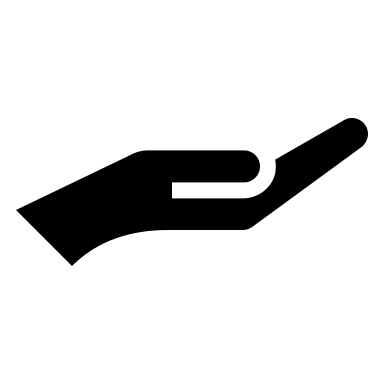
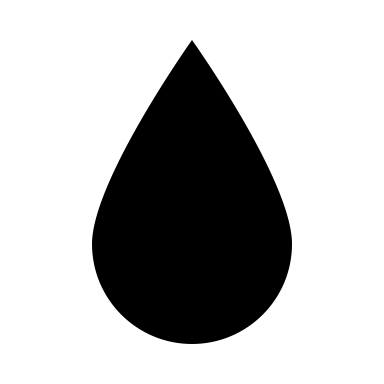
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1. **Entry**- follow the therapist into the clinic when asked.



1. **Hand decontamination** prior to sitting.



1. **Maintain a 2m distance** whilst history taken.

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1. **Treatment**.

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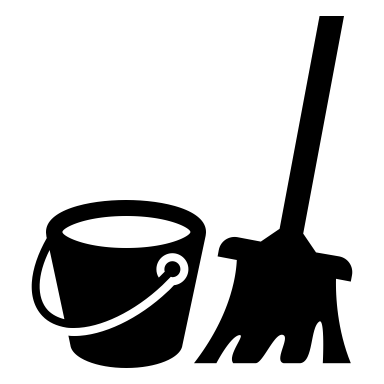
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1. **Exit** – you will leave the clinic as soon as your treatment is complete.

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1. **Cleaning**- the room and surfaces will be cleaned, and PPE changed.



1. **Electric reporting and billing**- all patient notes; exercises; letters and billing will be online. Cash can not be used.

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